

**2010:03**

**FURTHER STUDY NEEDED OF EXCITOTOXINS IN THE FOOD SUPPLY**

**Whereas 1** excitotoxins such as monosodium glutamate (MSG), hydrolyzed vegetable protein and aspartame are used as flavour enhancers and sweeteners in food; and

**Whereas 2** in small amounts, these additives are usually harmless to human health; and

**Whereas 3** with the proliferation of prepared foods and drinks containing excitotoxins, people are ingesting increasing amounts; and

**Whereas 4** there is increasing anecdotal evidence of excitotoxins playing a role in the development of neurological disorders, degenerative diseases by the production of free radicals, and obesity; therefore be it

**Resolved 1** that the National Council of Women of Canada adopt as policy that the accumulative effect of excitotoxins in the food supply on human health needs more research; and be it further

**Resolved 2** that the National Council of Women of Canada urge the Government of Canada to undertake more study of the accumulative effect of excitotoxins in the food supply on human health, publicize the results widely and, if necessary, regulate the food industry accordingly.