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IMPROVE LEGIBILITY OF LIST OF INGREDIENTS ON FOOD LABELS

Whereas 1 consumers state that the list of ingredients is the most important information on a food label; and

Whereas 2 consumers over age 50 consistently select larger print (10 pt) as the minimum size acceptable on consumer product labels; and

Whereas 3 Canadian regulations state that each ingredient be listed in descending order of proportion by weight with a minimum type height of 1.6 mm (1/16 inch) i.e. 6 pt; and

Whereas 4 the Food and Drug regulations for mandatory nutrition labelling on pre-packaged food specify format elements which make it easy to find and legible; therefore be it

Resolved 1 that the National Council of Women of Canada adopt as policy that the list of ingredients in food labelling be easy to find and legible for all; and be it further

Resolved 2 that the National Council of Women of Canada urge the Government of Canada to require food manufacturers to make the ingredient list as easy to find and as legible as the nutrition labelling for food products.